



## Robert Ndegwa

- ✓ 1058-20100 Nakuru, Kenya
- ✓ 0713138068
- ✓ [rndegwa2014@gmail.com](mailto:rndegwa2014@gmail.com)
- ✓ Language - English, Kiswahili
- ✓ Nationality-Kenyan

### 1. Introduction

I thank the almighty God, it's over nine years now working with multi-cultural communities and set ups in extensive areas of community development; ranging from emergency response to short term and long term stabilization programs. This includes mentorship, peace building and reconciliation and conflict prevention, psychosocial support, sustainable livelihood support, psychological counseling support and management of anti-drugs and substances program amongst other development agendas.





## 2. Education

I'm a Christian, A graduate with a diploma in community development, a certificate in IT and proposal writing and a degree in Social Psychology. I have fluency in English and Swahili both in verbal and written, with ability to offer professional services at all times.

## 3. Achievements

**a) Volunteered in development initiative projects** and played a role as a group organizer, a mentor, teacher, counselor including other roles in community outreach programs from 2010

**b) Founder and director of the The Change's Based Organization (C.B.O).** Registered on December, 2014. The Change's Based Organization felt that there is an urgent need to re-check and re-work on the lifestyles of youths, with the spirit of love and holistic development of the youths in Kenya and Africa as a whole.

### c) Young African Leadership Initiative

**(YALI) Alumni** which was launched by the former U.S president; Barack Obama as a signature effort to invest in the next generation of African leaders. I was selected based on my proven leadership skills, commitment to personal development and my desire to make a difference in my country.





**d) Cycling 6000km Plus; I**

have successfully done a self-supported solo cycling covering over 6000km purposed to raise funds and awareness campaign for the community. Also, supports build character correction Centre.



**e) Anti –drug campaign in schools/ colleges/ communities;** from

2015 to date, I have seen through a drug free awareness campaign that has reached over ten thousand persons in the country.

**f) Empowering the forgotten youth community;** Due to the high

level of unemployment and poverty rate in the country, many youths have opted to direct their energy to other negative related activities. From 2018 I have been involved with empowerment workshops and training where youths exploit their talents. For example; music, drawing art, and dancing.

**4. Ongoing Programs and the Vision**

**a) Community And Biking**

Cycling towards societal change, doing cycling for transformative activities, focusing on reaching more people and communities around all the 47 counties of Kenya through biking, biking is a mechanism to get us there through inspiration, empowerment and connection for



everyone. We will also want to give equal opportunities to anybody willing to work with us towards impacting lives in communities through biking.

### **b) Counseling and mentorship**

My recent and ongoing project is counseling and mentorship. With this I've seen a lot of benefits, some of these include: transfer of skills and work ethics, reduced crime rate; when someone has a skill to trade, s/he misses the chances of engaging in anti-social behaviors. Also enabling one to consider vital tenets and societal values and committing one-self to worthwhile values.

